



Be Ready to Live Outdoors in Our Desert 7-10 Days and Nights on Your Own

In addition to all the other things you might do to prepare, these items are desert-specific.....

Outside Shelter: Stand-alone tent (large enough for everyone in the family plus pets) with openings/windows that can be closed or opened depending on the weather conditions.

Shelter Cooling: Extra tarps that deflect heat. Large towels that can be wet with water to place on tent top and over tent openings so wind can blow through for natural cooling.

Personal Cooling: Spritzer/spray bottles for personal misting. Commercial products that cool down when wetted (e.g. small towels) to use as bandanas and more.

Outdoor Clothing: Clothes to be worn outside for hot or cold weather (e.g. to cover skin from excessive sun, warm clothes for cold weather, etc.). Wide-brimmed hats for sun/hot weather and ski-caps for cold weather.

Skin Protection: Sunscreen and sunburn treatment such as aloe (remember, aloe plants grow here).

Human Waste: Portable potty with enough trash bags for family members for 7-10 days (a 5-gallon bucket can be used as a crude toilet).

Heat Source: A way to keep warm outside, for example, artificial fire logs that light easily.

Lighting: Solar yard lights (put one in a bottle filled with sand to create a lamp). Flashlights (including hands-free headlamps) and lanterns (hand-cranked/solar/batteries).

Outdoor Cooking: A way to cook outdoors. Remember freeze-dried food lasts the longest. Don't forget pots and pans.

Water: At least **ONE GALLON PER DAY PER PERSON** of drinking water. Additional water should be stored for personal hygiene and for use in cooling down. You can't have too much water. Don't forget water for your pets.

Power Source: Don't forget you have a portable generator in the form of your car engine. A small converter that plugs into your power outlet socket can provide power for your electronic and other devices (e.g. cell phone chargers, fans, coffee-makers, etc.).

For more information please visit RanchoMiragePreparedness.org (09/17)